



Physical Education Curriculum Overview 2022-2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	ABC	SAQ	Gymnastics 1-6	Awareness	Send and Receive	Athletics
			Gymnastics 7-12			
2	ABC	SAQ	Gymnastics 1-6	Awareness	Send and Recieve	Athletics
3	ABC	SAQ	Gymnastics 1-6	Striking and Fielding	Attack and Defend	Athletics
					Send and Receive	
4	ABC	Send and Receive	Gymnastics 1-6	Striking and Fielding	Attack and Defend	Athletics
	SAQ			Tactics and Strategies	Competitive	
5	ABC	Send and Receive	Gymnastics	Striking and Fielding	Attack and Defend	Athletics
	SAQ			Tactics and Strategies	Competitive	
6	ABC	Send and Receive	Gymnastics	Striking and Fielding	Attack and Defend	Athletics
	SAQ				Competitive	Agility